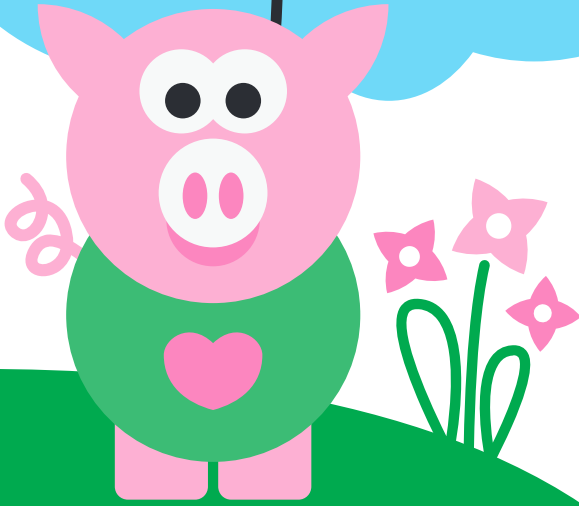


VegKins



For Vegan Families

Kids have a blast together while their parents have an opportunity to discuss everything from how to explain vegan values to young children to cooking kid-friendly vegan meals; from our favorite animal-friendly children's books to disapproving grandparents; from... well, you get the idea. We talk a lot.



Who we Are

VegKins is a group for vegan families and families considering veganism. The group was formed in 2008 and has grown every year since.

What we do

VegKins families meet once a month for play groups, waffle parties, field trips, story hours, and more. We also throw a big annual Halloween party and in the spring we get together for an old fashioned vegan egg hunt (plastic eggs are old fashioned, right?).



How to Get Involved

Like us on Facebook (we're the only "VegKins" on there) to connect with like-minded parents and find out when and where the next meet-up is. No Facebook? No problem. Email vegkins@gmail.com and we'll keep you in the loop.

VegKins is a program of the
Animal Rights Coalition in Minneapolis
612.822.6161 | www.animalrightscoalition.com